

Safe Hair Testing Collection Practices During COVID-19

These simple practices can lead to a worry-free, safe and sanitary collection.

As students and staff return to your campus this fall, your testing program will be more important than ever. We now know that the predominant transmission of Coronavirus is through person-to-person contact. By employing some best practices, you minimize the chance of exposure to the virus, and allay concerns that students, staff or parents may have about risks of exposure during the collection.

Maintain a safe and sanitary facility

- Ensure both the donor and the collector wear a mask at all times.
- Conduct collections in a space with good air circulation.
- Spray or wipe down table and chair between donors.
- Have hand sanitizer readily available for collector and donor use post-collection.
- Post a notification as to hand washing and your other "safe campus" measures.

Before the collection

- Ask screening questions.
 - "Has a friend or family member tested positive for the virus?"
 - "Have you participated in any large gatherings in the past two weeks?"
 - "Any flu-like symptoms?" (fever, aches, cough, fatigue)
- Take temperature if possible.

Reschedule if fever or symptoms are present or exposure has been possible.

During the collection

- Sterilize collection scissors and the pen used to sign / complete the CCF Form with alcohol in front of the donor. This can help allay doubts about contamination or a completely safe and sanitary collection.
- With the exception being during the collection, maintain 6-foot distancing.
- *Avoid face-to-face contact* when not 6-feet apart during collection.
- Since the preferred collection site is the back of the head, remind the donor that the collection will not require face-to-face exposure to allay any concerns.

After the collection

- Spray or wipe down table and chair used during collection.
- Thoroughly wash hands with soap and water or use hand sanitizer.

For more information or for any questions about Psychemedics drug testing for Educators contact:

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Collecting the Perfectly Sized Sample

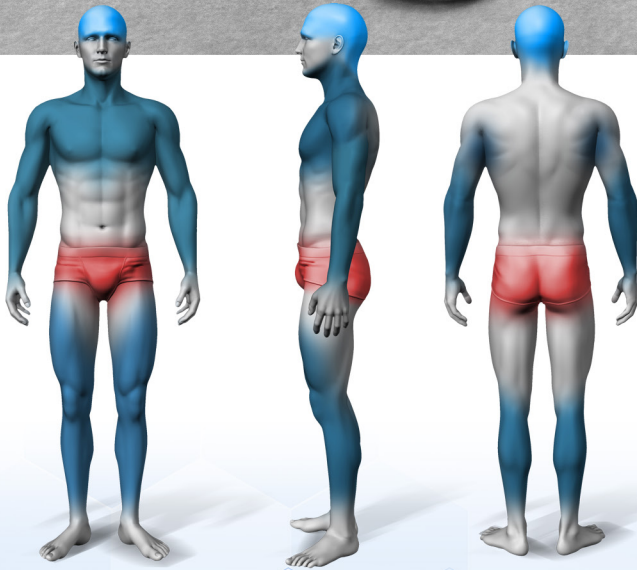
50mg



Pencil Lead

Hair Sample

A properly sized sample, when twisted together, will be the diameter of the LEAD inside a No. 2 pencil.



- **Ideal Collection Site**
If available, collect hair from here.
- **Secondary Collection Sites**
If bald, collect from here.
- **Not Accepted**
Do not collect from here.

✓ ALWAYS

- ✓ Collect head hair whenever possible.
- ✓ Use scissors for head hair.
- ✓ Retain all longer hair and wrap excess around the tin foil.
- ✓ Multiple head locations/smaller samples for thin hair.

✗ NEVER

- ✗ Use electric shaver for collection.
- ✗ Mix head and body hair.
- ✗ Shorten the sample if longer than 1.5 inches.
- ✗ Remove enough hair to be cosmetically detectible.

Body Hair Collection

If you cannot collect a sample that is at least 1/2 inch long from the head, or the donor is balding or has a shaved head, you may collect from any body site in the diagram above. You will need to collect more body hair than head hair. Your collected body hair sample should fill the foil (picture below) or when bunched be the size of a small grape.

Head Hair Sample

Body Hair Sample



1. The head hair sample should be taken from an underneath layer below the crown of the head.

Part the hair across the scalp horizontally using your index finger and the scissors.

2. Raise and secure outer layer with the hair clip. Then select hair to be cut. It should be 1/2 inch wide by 2 strands deep.



3. Using thumb and forefinger to hold sample, cut close to the scalp. Keep the root ends aligned.